Dear Parents and Caregivers,

Road Safety
We are discussing this with our students and I have spoken to them at assembly as well but it would be great if you could reinforce this at home. A number of parents have come into the office distressed by the fact that they have nearly run over one of our students who have failed to use the crossings provided. This is very scary for these parents and also for us.

Trees
As I am sure you are all aware of the tragedy in Sydney as the result of the branch falling. Last year we were concerned the same thing would happen and hence the removal of the beautiful tree in the centre of our playground. We are presently negotiating with the AMU so that we can have an arborist look over the trees in our school. Once that is complete the DEC will make arrangements to have any trees trimmed or removed as needed.

P&C AGM
Our P&C AGM is to be held next Tuesday the 11th March. Our meeting begins at 6pm so we can discuss any issues and then the AGM will be held after a light supper. If attending please bring a plate to share. Please come along and be a part of our P&C. You do not need to take a position unless you are really keen to hold an office. The choice is yours and there will be no pressure placed upon you. Our School Fair is coming up fast and your assistance any way would be most appreciated. Either by helping run a stall, supporting your child’s class stall, getting donations or attending on the day. This is a major fund raiser for Nulkaba so I urge you to help.

Sport
At present we have a number of trials going on so that students can attend the zone trials for various sports. This makes it quite hectic. We will then be looking at our school teams for various winter sports. With all that and aerobics and Starstruck it is quite busy for many of our students. Messages are delivered at assembly every day so they need to be listening. All students are encouraged to try out. If there is a sport we might not normally do but your child is talented in please see Mr Carpenter. As usual our Zone swimming team competed admirably and behaved superbly. Well done.

Cross Country
Notes have gone home in regard to this event which is to be held on 14th March and there are some changes. We are still very fortunate to be allowed to use the Hunter Valley Gardens space. We are going to hold it in the morning to avoid the heat. Students will therefore be expected to return to school. Parents and friends are still most welcome to attend and your help on the day will be appreciated.

Narelle Hunt
Principal
Nulkaba Public School
WHAT’S ON THE CALENDAR?

2014 Term 1 – Week 6
Thu 6 Mar Hunter Region Swimming Carnival
Fri 7 Mar Regional Basketball Trials

2014 Term 1 – Week 7
Mon 10 Mar MVHS Year 6 Parent Information Session
Tue 11 Mar Rugby 7s Day at Pokolbin
P&C Meeting in Staff Room (6:30 PM)
Thu 13 Mar Cessnock Zone Soccer Trials
Fri 14 Mar Nulkaba PS Cross Country

2014 Term 1 – Week 8
Tue 18 Mar Cessnock Zone Netball Trials
Fri 21 Mar Harmony Day

Reminder
Final Date for Payments
Stage 3 Four Day Excursion to Sydney
$435 in total
Deposit due now, part payments can be made from now on.

P&C Meeting
Tuesday 11th March 2014 at 6.30 PM
In the School Staff Room
All welcome, have your say be involved in your child’s education
Parents new to the school especially welcome

School Banking
The school office now has application forms available for anyone who would like to open a school banking account but can’t get into the Commonwealth branch.
School banking should be handed into your teacher or the office each WEDNESDAY morning!

Remember: each time you make a deposit you will receive a token.
10 tokens = A cool reward

NULKABA NIBBLES

CANTEEN ROSTER

Week C
Monday 3 March to Friday 7 March 2014

Day         Date       Names
Thursday    6 March    W. Jenness
            K. Vickers
Friday      7 March    J. Borghero
            M. Wills

Week D
Monday 10 March to Friday 14 March 2014

Day         Date       Names
Monday      10 March   J. Kylie
            K. Mitchell
            L. Williams
Tuesday     11 March   R. Beckett
            T. Broadbent
            C. Webb
Wednesday   12 March   C. Thwaites
            1x Helper Needed
Thursday    13 March   L. Eather
            S. Gough
            D. O’Brien
Friday      14 March   2x Helper Needed

Week A
Monday 17 March to Friday 21 March 2014

Day         Date       Names
Monday      17 March   F. Lanser
            M. McClellan
Tuesday     18 March   B. Cunningham
            L. Edwards
            A. Raywood
Wednesday   19 March   T. Bird
            S. Higgins
Thursday    20 March   S. Harrison
            K. Hicks
Friday      21 March   W. Saywell
            J. Slatter

IF YOU CAN HELP TO FILL OUR CURRENT VACANCIES PLEASE CONTACT
LINDA ON
0457 514 786

Support your school by volunteering in the canteen once per month
School Funding - The FOEI and Enrolment Information

The school sent home on Thursday 6th March an information letter and a ghosted enrolment form for you to check for accuracy. As explained in the letter the reason related to school funding using the FOIE - Family Occupation and Education Index. The other reason is to ensure that all our students’ medical information is up to date on their enrolment forms.

We have included a link for two videos which we hope will help explain about school funding and its various aspects. The first video is Robyn McKerihan, Executive Director, explains how the RAM will work. The second, Robyn McKerihan explains how the equity loadings for socio-economic and Aboriginal background will operate.

We have included the Occupation Groups document produced by the department to help families and school make the correct selection for occupation groups when completing your child’s enrolment form.

Please contact the school if you have any questions relating to school funding or your occupations group.

Video 1: Resource Allocation Model (RAM) – Overview https://www.youtube.com/watch?v=sKMaOCUg_e8

Video 2: Resource Allocation Model (RAM) - Equity Loadings https://www.youtube.com/watch?v=jUKxT7_Vm4U

EOI for Year 6 Students Starting High School in 2015

On Wednesday 5th March, the school sent out expression of interest forms to all year 6 students. These need to be returned to the school by all students regardless if your child will be attending a government high school or will be moving to the private or catholic system. We included a detailed letter explaining how to complete the form. If you have any questions please contact the school.

These EOI forms will need to be returned by the 14th March.

Thank you

For Sale

2x Mount View High School Girls Skirts Size 18 in good condition $50.00 for both.

Library

And we’re off and running!

The 2014 Premier’s Reading Challenge has officially started!

Online entries are now open for all students. It’s only been a couple of days, but already we have an impressive number of students with completed entries. With such a great start, we could be looking at a record number of Gold and Platinum Certificates at the end of the year.

In our next newsletter, we will begin official acknowledgements of those students who complete the Challenge, and it could be quite a long list to start us off!

If you have any questions at all, just drop into the Library one afternoon and check out any details with Mrs Morris.

Book Club Issue 2

Order forms for the second of this year’s Book Club issues have been distributed to students this week.

As usual, there are many great titles and items available. All order forms and payments need to be handed in to the Library (in the Book Club Orders box), or directly to Mrs Morris by MONDAY MARCH 17TH

If you have any questions, please see Mrs Morris ASAP. Spare order forms are also available from Mrs Morris.
Sport News

Zone Swimming Carnival
Despite the wet weather our zone swimming team performed admirably and represented our school with great pride. Thank you to all of our parents who assisted with transport and ensured our children made the correct events. Overall we have 2 students who will represent us this Thursday at the regional carnival at Maitland.
- Charlie M – 50m backstroke and freestyle
- Isla B – 50m backstroke and freestyle

Cross Country News – Friday 14th March
The cross country details and permission note went home this week. This year we will hold our races in the morning in an attempt to avoid the warm weather. As a result of the morning run, all students will return to school after the event on the buses that we have ordered and will continue normal learning programs. There is an attached program in the newsletter.

Regional Diving Trials
Last week Mali and Isla represented Nulkaba PS at the regional diving trials. Both Mali and Isla were very successful and will now represent the region at the state trials later this term. No doubt their gymnastic background supported their diving technique. We are very proud of Mali and Isla and wish them well as they prepare for the state trials.

Zone Trials
We will have a number of students representing Nulkaba PS at zone trials this term. These trials often only allow us to send three to four students as the selection process is highly competitive and demanding. We are in the process of selecting students to represent us at the following zone trials and permission notes with details will come home shortly: football, rugby league, netball and golf.

Best wishes to Nicolas G, Will I, Mason M and Mercyes M who have been selected to represent the Cessnock Zone at the Hunter Region basketball trials on Friday.

Outside of School Sport News
We certainly have talented families at our great school. Congratulations to Jordan E who attended the NSW Little Athletics Regional Championships at Mingara a couple of weeks ago. Jordan won gold in long jump, silver in the discus and bronze in shot put. Over one thousand children participated in this event representing centres from the Hunter, Central Coast and Lake Macquarie.
House Captains Report

Boys Cricket vs Kitchener PS

Last week the cricket boys faced Kitchener PS in the first round of the PSSA knockout at Baddeley Park. The boys won 137 to 90. We are all very proud of the team. Charlie M performed well and retired at 30. On the field, Zack M picked up 4 wickets and Keagan H chimed in with 3 wickets. Thank you to Mrs Paige, Mr Harrison and Mr Spruce who organised us all on the day. The next game for the cricket team will be against West Cessnock.

Report by Will S and Alex T

School Horse Sports

Could anyone interested in representing Nulkaba Public School in School Horse Sports for 2014 please contact Wendy Saywell on 0417 065 586 or wendy@saywells.com.au for more information.

Events include showing and sporting, dressage and jumping. Riders must have their own horse and transport to the events.

Upcoming Events:
Friday 5th May       Scone Horse Sports
Friday 16th May      Singleton Horse Sports

Stage 1 - Fair Stalls

Stage 1 are organising 2 stalls for our school fair on the 29th March. Our stalls are Face Painting and Tattoos. We are asking all students to make a gold coin donation to cover the cost of items needed for these stalls. Gold coin donations can be handed to class teachers.

We are also looking for volunteers to help with face painting and tattoos on the day. Please see your class teacher if you can help.

Thank you for your support
Stage 1 Teachers.

Pokolbin Playgroup

Come and join our community playgroup! Children have the chance to interact, play and move. Each week a new activity is created for them. The activity could be craft, stories, games and more. Parents can find friendship, support and delicious morning tea.

Who:   Children ages 0 – School
Where:  Pokolbin Community Hall, 128 McDonalds Rd, Pokolbin
When:  10am-12pm Fridays of School Term
Contact: Emma Robins
Mobile: 0410 179 173
Facebook: Pokolbin Playgroup

We look forward to meeting you and your children.
Crunch&Sip

Please ensure your child has a water bottle filled with water and a piece of fruit or vegetable every day. For more information visit: http://www.crunchandsip.com.au

The simplest way to include all 5 food groups in a Lunch Box

A well packed lunch box will provide your kids with the energy they need to learn and play. Remember to include lunch box items from the 5 food groups:

**Breads and cereals:** Try wholemeal bread, wraps and pita. Or try pikelets, rice cakes or homemade muffins and slices.

**Fruit:** Should be a lunch box staple as its high in fibre, vitamins and minerals. Serve fruit in fun ways: try fruit kebabs or fruit in jelly.

**Vegies:** Pack carrot and celery sticks with hummus or salsa, or a cold zucchini slice.

**Low Fat Dairy:** Cheese slices, yoghurts and custards are all great lunch box items.

**Lean Protein:** Include a variety of sandwich fillings: cooked chicken, tuna, egg or roast meat. Legumes like red kidney beans and chickpeas are a good source of protein and fibre.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit
YEAR 6-7 TRANSITION TO HIGH SCHOOL IN 2015 INFORMATION EVENING

Mount View High School would like to welcome your child in 2015.

We would like to invite parents and their children in Year 6 to our information evening.

Monday 10th March 2014
5.30pm to 6.30pm
in the school hall

This will be a wonderful opportunity to:
- meet Mount View High School staff, including the Year Adviser for Year 7 2015, Miss Rowena Agostino
- view the facilities of Mount View High School
- hear about subjects on offer for Year 7 2015
- be advised of the enrolment process and
- receive information about our transition program for Year 6 into Year 7 2015.

If you have any enquiries please contact the school on 49402566.

WE LOOK FORWARD TO MEETING YOU.
Don’t forget Crunch& SIP® in the school bag every day...

CRUNCH:
✓ Easy-to-eat seasonal fruit such as a small apple, a container with hulled strawberries, a mandarin or banana OR
✓ Canned fruit in natural juice with a spoon OR
✓ Vegetables such as carrot or celery sticks, cherry tomatoes or snow peas

AND SIP:
✓ A clean, clear water bottle filled with plain water

Crunch& SIP® is a set break for your child to eat fruit or salad vegetables and drink water in the classroom.

www.crunchandsip.com.au

“Bedwetting is common in children and causes anxiety around the time of school camps”

At the Bedwetting Institute we have designed an effective program that addresses the causes of bedwetting and offers a practical and achievable method of curing the problem.

Would you please include the following notice in your next School Newsletter to help notify parents that they are not alone with this dilemma and that help is available?

Bedwetting
A DVD based program, Bedwetting Cured, has been developed by Dr Mark Gandon, and Physiotherapist, Margaret O’Donovan. It outlines a successful program for parents to implement at home with their children.

For more information and a free Bedwetting Fact Sheet please visit the website:
www.bedwettinginstitute.com.au
or phone 1300 135 796 – 12pm to 6pm

Music Lesson News

At Nulkaba PS we offer tuition in Guitar, Drums and Piano through our association with the Upper Hunter Conservatorium of Music. This year we are also able to offer positions in Voice ( singing ) and Drama. If your children are interested in any of the above, please see Miss O’Hearn for enrolment forms and further information. ( Please note that there may be a waiting list for some lessons )

Thanking you

Miss O’Hearn

Junior Creative Writing @ Cessnock & Kurri Libraries

Who: Children and Young adults aged 10-16 yrs

Where: Cessnock & Kurri Public Libraries

When: Monthly

How?: Contact the library for more information and to join our group

KURRI KURRI LIBRARY:
Karen Bruce: PH: 49931638
karen.bruce@cessnock.nsw.gov.au

CESSNOCK LIBRARY:
Sandy Ryan: PH: 49934364
sandra.ryan@cessnock.nsw.gov.au