Dear Parents and Caregivers,

P&C
Wonderful to see so many parents again at our P&C meeting last week. Nulkaba is so lucky to have a supportive group of parents who organise such wonderful fundraising events and an amazing community who support them. Please come along if you can, you would be most welcome. Next meeting 10 June 2014 at 6.30pm.

Stage 3 Camp
From the pictures on Facebook it appears the children are having fun on their Stage 3 Camp to Sydney. I travelled down on Wednesday so by the time you read the newsletter we will all be back safe and sound. I am looking forward to spending some social time with my students. It is wonderful that we have staff who are prepared to organise and support these types of excursions.

Netball
Since I have been at Nulkaba I often hear reports of the wonderful sportsmanship shown by our sporting teams both on and off the field. Last Thursday I was able to witness that first hand with the netball girls. They have been wonderful since we had our first school trials and played brilliantly last Thursday, playing with great skill and class. We also had a win and are now into the third round. Well done girls.

Aerobics
This week our aerobics teams travel to Sydney for their first competition of the year. I will be going down to support and I know we all wish them the best of luck with their endeavours. Mrs Cousins, Miss Mayo and Mrs Forster and all the girls have worked really hard learning and perfecting their routines.

Starstruck
Our students have been working hard getting ready for a massive week of rehearsals and performances in Week 7. Miss Mayo, Miss Brockwell and Mrs Forster are working with the girls in any spare time there is. It is an amazing experience for our students as the performance is awesome.

NAPLAN
NAPLAN is over for another year. All our students gave their best and results for this assessment will be delivered to schools in September. This term is also when classes do their assessments with the children so that an accurate report can be prepared and sent home and so that a productive interview may be held in Week 9. It is important that your child is here every day so that they can participate in all lessons and complete the assessments. Many of our children also access special programs conducted by our support staff. These also require regular attendance for them to be successful.

Narelle Hunt
Principal
Nulkaba Public School

Canteen News
After Friday 23rd May 2014 the canteen can no longer sell large Classic Milks or large orange juices as they no longer comply with the Fresh Tastes NSW Healthy School Canteen Strategy.

Thank you
Linda
Canteen Manager

P&C Meeting
Tuesday 10th June 2014 at 6.30 PM
In the School Staff Room
All welcome, have your say be involved in your child’s education
Parents new to the school especially welcome
**WHAT'S ON THE CALENDAR?**

**2014 Term 2 – Week 4**

Sun 25 May Aerobics NSW Preliminary Finals

**2014 Term 2 – Week 5**

Wed 28 May Sports in Schools ES1 and S1
Year 6 Mini Lessons at MVHS
(11:30 – 1:30PM)

Thu 29 May Knights Under 10 Knockout
Rugby Knockout Under 12s
Shake a Leg - Year 2 - Oral Health
(11:30 – 1:30PM)

Fri 30 May Nulkaba PS Athletics Carnival - Turner Park

**2014 Term 2 – Week 6**

Mon 2 Jun Kindergarten Excursion

Wed 4 Jun Stage 1 Culture Day
UNSW Test Science
Sports in Schools Stage 2 and 3

Thu 5 Jun Shake a Leg - Year 2 - Hygiene
(11:30 – 1:30PM)

Fri 6 Jun Diabetes - Rainbow Day

For more information please visit our website:

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**NULKABA NIBBLES**

**CANTEEN ROSTER**

**Canteen Week B – Term 2 Week 4**

Monday 19 May to Friday 23 May 2014

<table>
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<tr>
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<tr>
<td>Thursday</td>
<td>22 May</td>
<td>A. Burke</td>
</tr>
<tr>
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<td>A. Trowbridge</td>
</tr>
<tr>
<td></td>
<td></td>
<td>K. Saunders</td>
</tr>
<tr>
<td>Friday</td>
<td>23 May</td>
<td>R. Corcoran</td>
</tr>
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<td>L. Hirst</td>
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**Canteen Week C – Term 2 Week 5**

Monday 26 May to Friday 30 May 2014

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<td>J. Hope</td>
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<td>H. McGregor</td>
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<td>Tuesday</td>
<td>27 May</td>
<td>K. Laybutt</td>
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<td>A. Smith</td>
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<tr>
<td>Wednesday</td>
<td>28 May</td>
<td>C. Stephanie</td>
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<td>R. Procter</td>
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<tr>
<td>Thursday</td>
<td>29 May</td>
<td>W. Jenness</td>
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<td>K. Vickers</td>
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<td>Friday</td>
<td>9 May</td>
<td>J. Borghero</td>
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<td>M. Wills</td>
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**Canteen Week D – Term 2 Week 6**

Monday 2 June to Friday 6 June 2014

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<td>2 June</td>
<td>J. Kylie</td>
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<td>K. Mitchell</td>
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<td></td>
<td></td>
<td>L. Williams</td>
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<tr>
<td>Tuesday</td>
<td>3 June</td>
<td>R. Beckett</td>
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<tr>
<td></td>
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<td>T. Broadbent</td>
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<tr>
<td></td>
<td></td>
<td>C. Webb</td>
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<tr>
<td>Wednesday</td>
<td>4 June</td>
<td>C. Thwaites</td>
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<td>1x Helper Needed</td>
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<tr>
<td>Thursday</td>
<td>5 June</td>
<td>L. Eather</td>
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<td>S. Gough</td>
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<td>D. O’Brien</td>
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<tr>
<td>Friday</td>
<td>6 June</td>
<td>2x Helper Needed</td>
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**Reminder**

**Final Date for Payments**

Stationary Fees Now Payable
Term: $20
Year: $80

Stage 2 Camp
Deposit: $50; Total: $230
Deposit Due: Now

Canteen Pizza Day Lunch
Orders Due: 26/05/2014

Kindergarten Town Excursion
$4 Due: 28/05/2014

Nulkaba PS Athletics Carnival
$4 Due: 28/05/2014

Sports in Schools Years 3-6
$18 Due: 30/05/2014

For Sale
2x Mount View High School Girls Skirts Size 18 in good condition $50.00 for both.

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**Nulkaba News**

Thursday, 22 May 2014
Library

Premier’s Reading Challenge Latest Update!
Well we are inching ever closer to last year’s record of completed entries – we now have 280 entries, a wonderful result for this time of the year. 1B have now joined the list of full classes to complete this year’s Challenge – well done to Miss Brockwell and Abby, Bobbie-Marie, Brodie, Charlie, Christopher, Cooper, Ella, Hannah, Isaac, Jayden, Mattilda, Mia, Molly, Riley, River, Sophie, Sunny, TC, Tameika, Tyson and Xander. We can also congratulate Amber H and Mia H from S2M, who decided to work together to finish the Challenge – great work girls!

Mount View High School – Mini Lessons

Pony Power Stables

 Qualified professional riding coach
Children and adult lessons

Showjumping, Dressage, Horsemanship, cattle work
School horses available
Horses and ponies available for lease
Purchase advice
Horse re-schooling/breaking

Contact
Jennifer Walker
0408111394

Become part of the Pony Power live performers or star in the Pony Power movie series available at www.ponyfairy.com

Family Fun Day

Sunday 8th June 2014

10am-2pm Railway Estate Nautilus Everyday

Are you a writer? Come along and share your thoughts with other young writers and learn new ways to bring your ideas to life!

Who: Children and Young adults aged 10-16 yrs
Where: Cessnock & Kurri Public Libraries
When: Monthly
How?: Contact the library for more information and to join our group

Cessnock Library:
Sunny Ryan: PH: 49334381
sunny.ryan@cessnock.nsw.gov.au

Kurri Kurri Library:
Karen Bruce: PH: 49371638
karen.bruce@cessnock.nsw.gov.au

Nulkaba News
School Banking

The school office now has application forms available for anyone who would like to open a school banking account but can’t get into the Commonwealth branch.

School banking should be handed into your teacher or the office each WEDNESDAY morning!

Remember: each time you make a deposit you will receive a token.

10 tokens = A cool reward

Sunken Treasure to be won in Term 2

For your chance to win a share of exciting prizes, simply make three or more deposits at school during Term 2 and you’ll be automatically entered into the competition.

Remember our banking day is Wednesday!

Major Prize
- Five nights’ accommodation at the Sea World Resort & Water Park on the Gold Coast;
- VIP Passes for two adults and three kids to Sea World, Warner Bros. Movie World and Wet ‘n’ Wild Gold Coast;
- A Dolphin Family Aqua Adventure; and
- A $3000 travel gift card to get you there.

Runner up Prizes
130 Toys “R” Us Gift Cards to the value of $250 each to spend on your favourite toys.

PLUS, a separate draw of $1000 cash for one school in each state/territory.

So come on Nulkaba Public School let’s get saving and remember your deposit can be as little as twenty cents just as long as you make 3 deposits!


THE BEST GIFT FOR 2014– THE GIFT OF GOOD HEALTH!

As we look forward to 2014 with expectation and hope for a great year ahead, it’s a great time to reflect on the things that matter to us. Ask any person “What is the most important thing for you in life?” and most would say something like “to be healthy and happy”. Yet if we take a closer look at our home lives, they are often hectic, chaotic and jam-packed with kids activities, leaving little time to plan and shop for healthy meals, let alone fit in some much needed exercise! Yet these are two of the “biggies” when it comes to achieving the healthy lifestyle that so many of us wish for! Imagine if you could give the gift of good health to your family in 2014? In 2013, Hunter New England Local Health District have given many families an opportunity to “turn over a new leaf” through their FREE Go4Fun program. These families are now well equipped to begin their journey towards better health and happiness in 2014! There is a Go4Fun Program running at Cessnock West on Tuesdays in Term 2. All families in the area are welcome to attend. Your child does not need to be attending Cessnock West Public. Afternoon tea will be provided. For more information, visit www.go4fun.com.au or call Jacqui on 4950 9117! Cheers to a healthier and happier 2014 for you and your family.
Crunch&Sip

Please ensure your child has a water bottle filled with water and a piece of fruit or vegetable every day. For more information visit: http://www.crunchandsip.com.au

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Nutrition Snippet

The simplest way

...to add fruit at breakfast time

This easy + delicious recipe will give your kids' a great start to their day!

**Ingredients**
- 2 eggs
- 1 tbsp honey
- 2 1/2 cups low-fat milk
- 3 ripe bananas, sliced
- 2 cups self-raising flour
- 2 tbsp sugar
- 2 tsp margarine, melted
- 3 medium apples, peeled, cored and grated

**Method**
In a large bowl beat eggs, margarine and milk. In a separate bowl mix flour and sugar, then stir into wet mixture until smooth. Heat oil in a pan over medium heat. Add 2-3 tablespoons of mixture, flip when bubbles appear and cook until golden. Serve with banana and drizzled honey. Makes 10.

For more information visit
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at facebook.com/eatittobeatit