Dear Parents and Carers

Welcome back to Term 3. This is a big term for Nulkaba as it is our Production Term. K-2 will put on a wonderful extravaganza in Week 8 and years 3-6 in Week 9. Notes have been sent home from each section to let you know of these dates. More information will continue to be sent home as details become finalised. Our fabulous P&C are working on a wonderful addition to our Hall/Cola which will make watching the performance an even better experience.

Aerobics

Our Silver Angels will compete in Queensland for the National Titles in a couple of weeks time. Staff, students and parents are working together very hard to make sure the children are ready and to provide Sponsorship for these children. A big thank you to the P&C for their ongoing support of all Nulkaba students who compete at State and National level on behalf of the school. Parents are organising a sausage sizzle outside Big W over the next two weeks - the first to be held on 24/7 and then on Saturday 26/7. Please come along and support if you can as well as letting others know. More information will be placed on the Nulkaba Facebook page.

Education Week

Next week is Education Week and we will be having our Open Classroom form 10.15 on Wednesday 30th July. This will be followed by a short performance from the Junior and Senior choirs, the Silver Angels and a couple of our Zone Representatives in Public Speaking. We then invite you to spend morning tea with us. The canteen will have food to purchase and tea and coffee will be available.

Kindergarten Orientation

This begins on Monday 15th September from 9.30. It is important for you to attend this first session as there is quite a bit of information shared on this day. More information about this will be sent out in the next few weeks. Orientation will continue on Mondays at the same time in term 4 culminating in the Expo on the 27/10. I look forward to meeting all new and old families then.

NAIDOC Week

Our NAIDOC week celebrations will be held on Wednesday 6th August. Notes will be sent home with more information about this event but please try and attend as it is always a lot of fun and a great way to learn more about Aboriginal culture. A sausage sizzle will take place and it is also a Pizza day. Break times will be different on that day so that we can accommodate all the activities.

Public Speaking

The Zone finals of the Public Speaking Competition will be held at Nulkaba Public School on 4th and 5th August. This is a great way to showcase our School and I know our leaders will do an amazing job. Break times will vary slightly on this date to make sure it is nice and quiet for the public speakers. Good luck to our Nulkaba entrants.

Congratulations to Caleb T for his awesome effort at State Cross Country and Isla B for coming 6th at the National Diving Championships.

Good luck to all our Sporting and Debating teams who are still involved in their competitions.

Narelle Hunt
Principal
Nulkaba Public School
WHAT’S ON THE CALENDAR?

2014 Term 3 – Week 2
Fri 25 Jul Rugby League PSSA Knockout

2014 Term 3 – Week 3
Tue 29 Jul UNSW Test English
Hockey Gala Day
Wed 30 Jul Bulldogs/Goannas Cup
Author Visit: Gus Gordon for Years 3-6
Thu 31 Jul MS Readathon Speaker
Fri 1 Aug Cessnock Zone Athletics Carnival

2014 Term 3 – Week 4
Mon 4 Aug Local Schools Public Speaking Day 1
Tue 5 Aug Local Schools Public Speaking Day 2
Mayoral Academic Challenge Heats
P&C Meeting (6:30pm in Staff Room)
Wed 6 Aug Leaders Breakfast
Mayoral Academic Challenge Heats
NAIDOC Day
Thu 7 Aug Disco
Fri 8 Aug Mayoral Academic Challenge Final
Sat 9 Aug National Aerobics

For more information please visit our website: http://www.nulkaba-p.schools.nsw.edu.au/calendar

NULKABA NIBBLES

CANTEEN ROSTER

Canteen Week C – Term 3 Week 3
Monday 21 July to Friday 25 July 2014

Day Date Names
Thursday 24 Jul W. Jenness
K. Vickers
Friday 25 Jul J. Borghero
M. Wills

Canteen Week D – Term 3 Week 3
Monday 28 July to Friday 1 August 2014

Day Date Names
Monday 28 Jul J. Kylie
K. Mitchell
L. Williams
Tuesday 29 Jul R. Beckett
T. Broadbent
C. Webb
Wednesday 30 Jul C. Thwaites
1x Helper Required
Thursday 31 Jul L. Eather
S. Gough
D. O’Brien
Friday 1 Aug 2x Helpers Required

Canteen Week A – Term 3 Week 4
Monday 4 August to Friday 8 August 2014

Day Date Names
Monday 4 Aug F. Lanser
M. McLellan
Tuesday 5 Aug B. Cunningham
L. Edwards
A. Raywood
Wednesday 6 Aug T. Bird
S. Higgins
Thursday 7 Aug K. Hicks
S. Harrison
Friday 8 Aug W. Saywell
J. Slatter

IF YOU CAN HELP TO FILL OUR CURRENT VACANCIES PLEASE CONTACT
LINDA ON
0457 514 786

Support your school by volunteering in the canteen once per month

Reminder
Final Date for Payments

Stationary Fees Now Payable
Term: $20; Year: $80
Stage 2 Camp
Total Amount: $230

Office News
There is limited stock of School Beanies for $5.00 each available at the office, one size fits all.

P&C Meeting
Tuesday 5th August 2014 at 6.30 PM
In the School Staff Room
All welcome, have your say be involved in your child’s education
Parents new to the school especially welcome

Support your school by volunteering in the canteen once per month
MS Readathon Starting Soon!

August 1st sees the start of this year’s MS Readathon. This is a wonderful way to raise funds to assist in the fight against MS, and could be just the way to finish this year’s Premier’s Reading Challenge too! It is easy to simply combine them. Information re the MS Readathon can be found on the MS Readathon website, or entry forms can be picked up from Mrs Morris at the library. Students will also have the opportunity to learn more about the Readathon and the work of the MS Society when a representative from the MS Society will pay us a visit on July 31 to talk to students about this medical mystery and how they can help find the answers.

Premier’s Reading Challenge
Time’s Running Out!

We are now in the home straight for this year’s Premier’s Reading Challenge with all online entries needing to be completed by August 22nd. This means that we only have about 6 weeks of reading time left – BUT the Challenge is certainly still doable! Many students currently have partially completed entries to add to our new record level of participation with some 331 completed entries for 2014. This is the highest ever level of participation we have seen during the 10 years that Nulkaba students have been participating in the Reading Challenge – a wonderful result. Our latest completed entries come from Aiden E S2B, Jayden E S2M, Jack G S2B, Jack B S2L, Jarrah E S2L, Jordan E S2L, Ethan R S2M, Rhys G S2M, Thomas C S2M, Aiden M S2W, Anita P S2W, Cooper J S2W, Jayden W S2W, Jordan M S2W, Ned S S2W, Samuel G S2W, Samuel K S2W, Brayden G S3C, Emily Ca S3C, Emily Cr S3C, Emily G S3C, and Michael R S3C. As this list of latest entries shows S2W and S3C have had a real surge in entries – well done! BUT we have to make special mention of S2W – they are the first Stage 2 class where every class member has completed the Challenge – fabulous effort S2W – you’ve created a new record!

Book Club Issue 5

Order forms for the latest issue of Book Club have been distributed this week. All orders and payments need to be handed into by Wednesday July 30. These can be given to Mrs Morris, or can be left in the Book Club orders box in the library. As always, each club brochure has some wonderful titles available – and of course, every order placed helps purchase new titles for inclusion in our school library.

Author Visit - Gus Gordon

Upcoming Special Treat for Years 3-6 Students! We are going to meet author/illustrator Gus Gordon!

Thanks to the generosity of Cessnock City Library, a visit by Gus has been arranged as part of his week-long visit to the Cessnock area. This is a free visit for our year 3-6 students, who will sharing an afternoon with Gus as he talks about his work as an author and illustrator. Gus has worked with many authors, creating wonderful illustrations for their books. Gus has also written and illustrated several of his own books – with his picture book “Herman and Rosie” being nominated in the 2013 Children’s Book Awards. Gus will be visiting us on Wednesday July 30.
It’s Term 3 – and that means it’s Book Week Time!

Book Week arrives every year in Term 3 – and this year is no exception. Running from August 15th to 22nd, Book Week has the theme of ‘Connect to Reading ~ Reading to Connect’ – asking us to consider how we ‘connect’ with stories and how our connection with stories allows us to connect with others. Mrs Morris is organizing various competitions for students, and will be sharing many of the nominated titles in this year’s Children’s Book Week Awards with students in library sessions. Then with some busy work, the library will again be come decorated to showcase these particular titles as well as the work of many of our students. However, one thing will be missing from this year’s Book Week activities – given that our school production performances are scheduled a short time after Book Week, and there is a huge amount of organization in staging the production, our usual Book Week Character Parade has not been scheduled for this year. It will return next year as usual.

2014 Premier’s Spelling Bee

The Premier’s Spelling Bee is a fun and educational way for students to engage in spelling. Our students in Stage 2 and 3 will be participating in the Premier’s Spelling Bee which will take place during this term. This will involve class and stage competitions to find two finalists from each stage, who will compete at Regional finals. Winners of the Regional finals will then compete at State finals in Term 4. During the competitions, students will be asked to spell words verbally from the Premier’s Spelling Bee word lists. Word lists are categorised into junior (years 3 and 4) and senior (years 5 and 6) and can be downloaded to practise from the following website: https://www.artsunit.nsw.edu.au/speaking-competitions/2014-premiers-spelling-bee

You will need to use the following password to access the word lists:
Password: decade

Sport Report

State Cross Country News

Congratulations to Caleb T who was placed 44th at the State Cross Country held last Friday at Eastern Creek Raceway. Caleb ran a great race and mentioned that the track was a true cross country run which certainly sorted out the group. Caleb is only the second student to represent us at this level in the event of cross country.

Union

Congratulations to Levi H who has made it into the Hunter Rugby team. Levi is a player who gives his best in all areas of school life and will compete at the state carnival in August.

Golf

Well done to Joshua C who has been identified as a future talent in the golfing world. Joshua had an invite to play in the Secondary Golf Championships last month at Shortland Waters. He competed in a team with 3 other boys aged 15-16. From all reports Joshua played very well considering the lowest opponents handicap was just 5. He has also been given an individual invitation to play in the State Primary School Golf Championships in Port Macquarie in September.

Netball

Our netball team had a narrow loss in the 3rd round of the PSSA knockout and went down in a tremendous battle. Despite the home crowd advantage we couldn’t quite peg back a strong second quarter from Biddabah.

Zone Athletics Carnival

All notes were handed out last week. The carnival is to be held at Turner Park on Friday 1st August. Students who require transport to the carnival may contact Paul Carpenter.

Football, League, Hockey and Basketball

The football, league, hockey and basketball teams are still in their respective knockout competitions and are heading towards the pointy end of their pools. Good luck to all.

Sport Thought

"In training everyone focuses on 90% physical and 10% mental, but in the races its 90% mental because there’s very little that separates us physically at the elite level."

ELKA GRAHAM
Diabetes Research

Researchers from the University of Queensland are conducting research into parenting of children with type 1 diabetes. We are seeking parents of children and adolescents with type 1 diabetes to participate. Participation in this project will involve completing a survey, and a telephone interview.

The telephone interview includes questions on diabetes management tasks which parents of children with type 1 diabetes experience difficulty with, how parents think and feel about parenting a child with type 1 diabetes, and their preferences for assessing services to assist in dealing with these behaviours and tasks.

If you are interested in participating in this research or would like further information please email clin.roslyn.pay@uq.edu.au

Thank you for your help with this matter.
Yours Sincerely,
Roslyn Pay
Provisional Psychologist
Master of Clinical Psychology Candidate
School of Psychology, The University of Queensland
Registration No.: PSY0001678571

Canteen News

We rely on volunteers to keep the canteen open every day and without these wonderful people (parents and grandparents) who give up their time to help out, our canteen can’t keep going. If you can help in the canteen regularly (most of our volunteers commit their time for one day every 4 weeks) or casually, please give our Canteen Coordinator Linda Balazic a call on 0457 514 786. In particular, we are in need of volunteers who are available on a Monday, Wednesday or Friday. The canteen relies on the goodwill and input of all of our volunteers and we would really appreciate your help (and your kids will love it)!
School Banking: New Rewards Released in Term 3

The School Banking program provides children with an opportunity to make deposits into their personal Commonwealth Bank Youthsaver account at school each week. The program is about how often your child makes deposits, not how much they deposit.

To encourage regular savings behaviour the program offers an exciting Rewards Program. Every deposit earns your child a Dollarmites token, and once they've collected 10 tokens they can redeem them for a reward.

Rewards available in term 3 are:

- Handball (whilst stock lasts)
- Scented Pencils (whilst stock lasts)
- Shark or Penguin Keyring
- Whale Shark Pencil Case
- Moneybox (new release)
- Swimming Bag (new release)

Please send in your redemption card and tokens on banking day. Rewards will be delivered in 1-2 weeks. Pooling of tokens is not allowed.

If you wish for your child to participate in the program Youthsaver accounts can be opened at any branch of the Commonwealth Bank, by calling 132221 or grab a form from the School Office. Existing customers with NetBank access can open accounts online.

School Banking

Wednesday is School Banking day and students should bring in their weekly deposit.

School Banking is a great fundraiser for our school. The school receives $5 when children make their first deposit at school and a commission on every deposit made through the School Banking program.

The figures are in for Term 1 and Term 2 And School Banking has raised an impressive $461.33 in commission for Nulkaba Public School!

Great work Super Savers!!

What a great way to fundraise for our school without spending a cent!

Would you like to open an account? Just grab a form from the School Office and send it back into the office all filled out – we’ll do the rest!! YES, it’s that easy!!

Thank you for supporting the School Banking program at Nulkaba Public School.

Saver Plus

People may be eligible to join Saver Plus if they or their partner:

- have a Centrelink Health Care Card or Pensioner Concession Card;
- are at least 18 years or over;
- have some regular income from work;
- are a parent or guardian of a child at school this year OR are attending or returning to vocational education them self;

Join Saver Plus and match your savings, dollar for dollar, up to $500 for education costs. To find out more call or SMS 1300 620 355 or email saverplus@dpi.org.au
Crunch&Sip

Please ensure your child has a water bottle filled with water and a piece of fruit or vegetable every day. For more information visit: http://www.crunchandsip.com.au

Nutrition Snippet

The simplest way
…to eat more fruit & veg

Did you know that eating the right amount of fruit and veg is essential in the fight against cancer?

Try to make them part of every meal, to make sure you get your 2 serves of fruit and 5 serves of veg every day.

At brekky, add some mushrooms or spinach to your eggs. Eat a piece of fruit at morning tea, and then add a salad to your lunch. Serve vegies with dinner, and have fruit and yoghurt for dessert.

To make lunch boxes as healthy as possible:
- Pack some vegie sticks, like carrot or cucumber
- Cut up fruit into small pieces
- Freeze fruit like grapes and add to the lunch box
- Include left over baked vegies.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit